Nahnu Ansarullah

An Educational and Spiritual Publication of Majlis Ansarullah - Canada

April 2024 | Shahadat 1403 | Shawal 1445 | Volume 24 | Issue 4

www.nahnuansarullah.ca

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Message

My Dear Ansar Brothers

Assalam o Alaikum wa Rahmatullahe wa Barakatuhu

We are very thankful to Almighty Allah for giving us the opportunity to experience another Ramadan. Many of us have been blessed to observe this month in the best possible manner and according to the requirements of Ramadan. Some of us have witnessed the Blessings of Allah's grace. It's Allah's kindness upon us that He has granted us the ability to fulfill the rights and His servants in this blessed month.

Today, as We are celebrating Eid in accordance with the command of Allah, let us also pledge that we will continue the same states of mind and behaviors in the remaining days of the year as we have adopted during Ramadan. Let's strive to maintain the standards of our worship as Allah desires and as taught to us by the Promised Messiah علیہ السلام.

Hazrat Khalifatul Masih V ایدہ اللہ تعالی بنصرہ العزیز in his Eid-ul-Fitr sermon dated April 22, 2023, while drawing attention to the same matter, stated:

"May Allah always keep us attentive towards our reform and may we always fulfill each other's rights according to the teachings of Allah, set aside all grievances, lay the foundation of peace, fulfill the pledge of allegiance to the Promised Messiah, peace be upon him, and immerse every moment of our lives in the true joy of Eid. May Allah grant us the ability to do so."

Once again, on this occasion of Eid, I remind you to remember our beloved Imam Hazrat Kahlifatul Masiah ایدہ اللہ تعالی بنصرہ العزیز, Khilfat-e-Ahmadiyya, the whole Jama'at, those Ahmadies who are in prison, those who are sick, those who are afflicted, and those who are needy in your special prayers.

May Allah bless this Eid for all of us. Wishing you all a very blessed Eid.

Wassalam,

Abdul Hameed Waraich

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ISSN 2560-886X (Print) ISSN 2560-8878 (Online) Ishaat@ansar.ca TEL:905-417-1800
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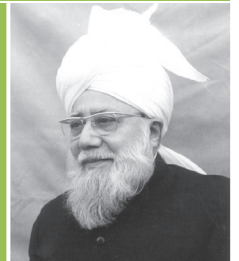

Editor's note:

Dear Ansar Brothers,

Assalam o Alaikum wa Rahmatullahe wa Barakatuhu!

With the Blessings of Allah and the prayers of our beloved Imam ایدہ اللہ تعالیٰ بنصرہ العزیز, we are delighted to present to you the April edition of Nahnu Ansarullah. As we transition through the final Ashra of the blessed month of Ramadan, let us not forget our brothers and sisters facing hardships in Palestine, Yemen, Lebanon, Pakistan, and beyond. May Allah alleviate their suffering, bring peace to the world, and avert the looming catastrophe, which seems to draw nearer with each passing moment, unless world leaders alter their course of action.

This issue is dedicated to Eid-ul-Fitr. On behalf of Nahnu Ansarullah, we extend heartfelt Eid Mubarak wishes to all our Ansar brothers and their families. May this Eid be filled with joy and tranquility, and may Allah grant us the true Eid of the victory of Islam in our lives. Ameen!

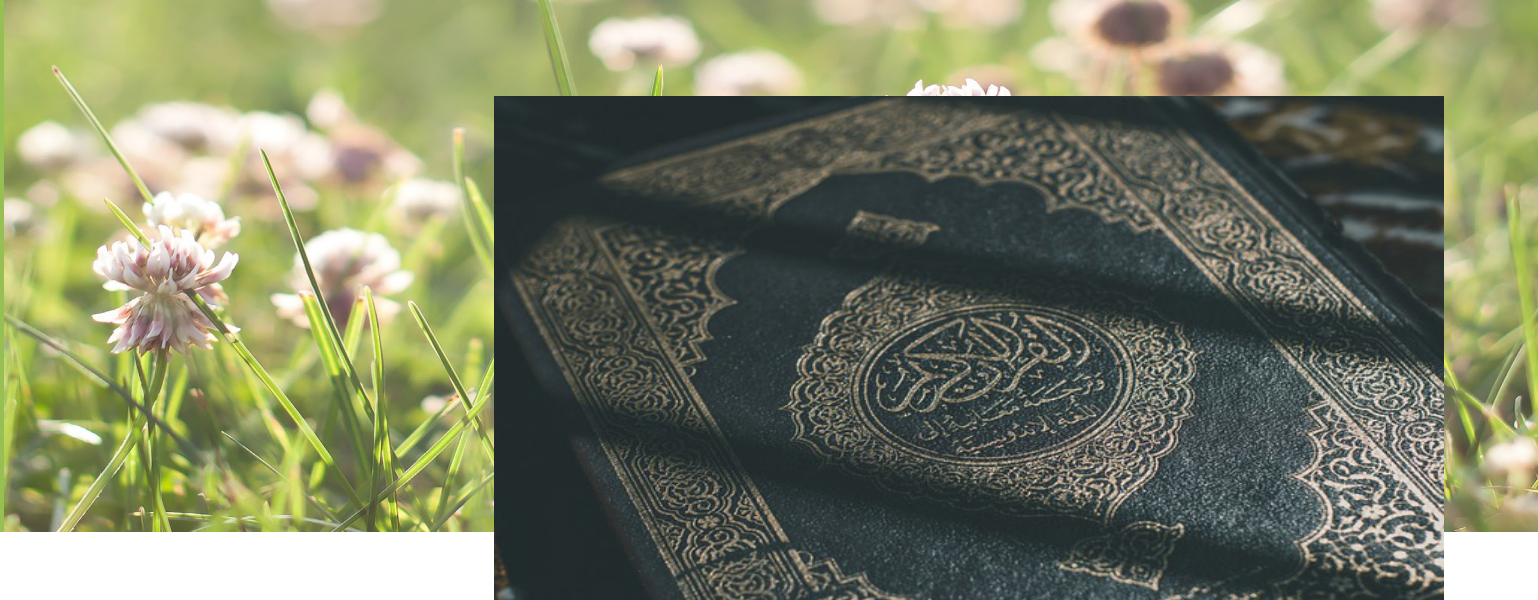
In addition to our regular features, this edition includes an article that illuminates the significance of Eid in Islam. We have also summarized a Friday sermon by our beloved Imam ایدہ اللہ تعالیٰ بنصرہ العزیز, titled "Love for Allah and Humankind – the True and Everlasting Eid," along with Special Prayers for Palestine and the World, reflecting how, as Ahmadi Muslims, we should celebrate Eid.

Your feedback is invaluable to us, and we encourage you to share your thoughts, suggestions, and personal stories with our editorial team to continually enhance the quality of Nahnu Ansarullah. Furthermore, we invite you to contribute short articles for publication in upcoming issues by emailing us at editor@ansar.ca.

Jazakamullah!

Wassalam!

Dr. Hameed A. Mirza

Serving as Editor (English Section)

The Holy Quran

مَثَلُ الَّذِينَ يُنْفِقُوْنَ اَمْوَالَهُمْ فِيْ سَبِيْلِ اللّٰهِ كَمَثَلِ حَبَّةٍ اَنْبَتَتْ سَبْعَ سَنَابِلَ فِيْ كُلِّ سُنْۢبُلَةٍ مِّائَةُ حَبَّةٍ وَاللّٰهُ يُضٰعِفُ لِمَنْ يَّشَآءُ وَاللّٰهُ وَاسِعٌ عَلِيْمٌ

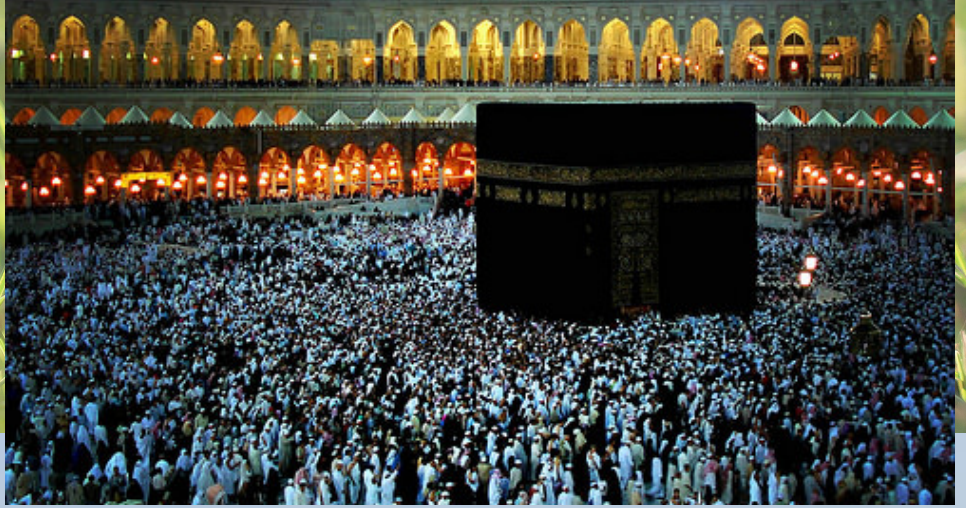
Translation

"The similitude of those who spend their wealth for the cause of Allah is like the similitude of a grain of corn which grows seven ears, in each ear a hundred grains. And Allah multiplies it further for whomsoever He pleases; Allah is Bountiful, All-Knowing."

(Surah al-Baqarah, 2:262)

Short Commentary

In the foregoing verses, it was pointed out that it is a law of God that He gives new life to deserving nations after they have become dead, and the case of the Israelites was mentioned as an instance. It was further indicated that the progeny of Abraham would rise four times, the Israelites and the Ishmaelites each rising twice. Now, in order to prepare Muslims for the promised rise, God reverts to the means of national progress and exhorts the Faithful to spend freely in the cause of God, pointing out that their case is like that of a seed which is multiplied 700 times and even more. Thus 700 times is the least reward that will be given to Muslims, and there is no limit to what God will bestow over and above this. History shows that this promise was fulfilled to the very letter; for the reward which God gave to the early Muslims in this world was not only 700 times of what they spent in the cause of Allah but immeasurably greater; and the reward in the world to come will certainly be greater still.

(The Holy Quran with English Translation and Commentary Volume 1. pp. 411-412)

HADITH

عَنِ ابْنِ عَبَّاسٍ رضی اللہ تعالیٰ عنہ، قَالَ فَرَضَ رَسُولُ اللّٰهِ ﷺ. زَكَاةَ الْفِطْرِ طُهْرَةً لِلصَّائِمِ مِنَ اللَّغْوِ وَالرَّفَثِ وَطُعْمَةً لِلْمَسَاكِينِ فَمَنْ أَدَّاهَا قَبْلَ الصَّلاَةِ فَهِيَ زَكَاةٌ مَقْبُولَةٌ وَمَنْ أَدَّاهَا بَعْدَ الصَّلاَةِ فَهِيَ صَدَقَةٌ مِنَ الصَّدَقَاتِ.

Hazrat Ibn Abbas رضی اللہ تعالیٰ عنہ **relates:**

"The Holy Prophet ﷺ deemed Sadaqat-ul-Fitr obligatory upon Muslims. It is a means of purifying the fasting person from idle talk and foul language and also to feed the poor. Whoever pays it before the (Eid) prayer, it is an accepted Zakah, and whoever pays it after the prayer, it is (ordinary) charity."

(Sunan Abu Dawood, Kitab az-Zakat)

SO SAID THE PROMISED MESSIAH

"Fasting is not merely staying hungry and thirsty; rather its reality and its impact can only be gained through experience. It is human nature that the less one eats, the more one's spirit is purified and thus his capacity for [spiritual] visions increase. The will of God is to decrease one kind of sustenance and to increase the other. A person who is fasting should always be mindful that he is not just required to stay hungry. On the contrary, he should remain engaged in the remembrance of God so that he can cut asunder ties of worldly desires and amusements and is wholly devoted to God. Hence, the significance of fasting is this alone that man gives up one kind of sustenance which only nourishes the body and attains the other kind of sustenance which is a source of comfort and gratification for the soul."

(Malfuzat Vol. 5, p.102, printed by Nazarat Isha'at Rabwah Pakistan).

Love for Allah and Humankind – the True and Everlasting Eid & Special Prayers for Palestine and the World

Eid-ul-Fitr Sermon on 14 May 2021.Summary prepared by The Review of Religions.

His Holiness, Hazrat Mirza Masroor Ahmad ايده الله تعالىٰ بنصره العزيز, Worldwide Head of the Ahmadiyya Muslim Community, delivered the Eid al-Fitr sermon from Mubarak Mosque, Islamabad, UK:

After reciting Tashahhud, Ta'awwuz and Surah al-Fatihah, His Holiness, Hazrat Mirza Masroor Ahmad ايده الله تعالىٰ بنصره العزيز said that by the sheer Grace of Allah, after having passed through the month of Ramadan, He has enabled us to witness the day of Eid. But is this the only purpose of us having passed through the month of Ramadan; that we fast for a month and then at the end celebrate? In fact, we can only reap the true blessings of this bounty of Allah, when we truly understand the purpose of Ramadan and Eid. If we have truly reformed ourselves and developed good habits, then they should clearly be visible after a period of thirty days.

His Holiness ايده الله تعالىٰ بنصره العزيز said that from one Ramadan to the next, we should continue acting upon those virtuous habits which were brought about during the month of Ramadan. Only then will we witness the true blessings of Ramadan.

The Blessings of Accepting the Imam of the Age

His Holiness ايده الله تعالىٰ بنصره العزيز said that we are fortunate to have accepted the Imam of the Age, who guided us towards treading upon the path which has been established for us by God and His Messenger ﷺ. It is in following this guidance that we will be able to do true justice to our worship and fulfill the commandments of God. The Promised Messiah عليه السلام clearly stated that there were two primary objectives of his advent; to help people recognise God and fulfill their rights owed to Him, and to help people recognise the rights they owe to their fellow human beings. These are the essence of Islam and the purpose of our lives. The purpose of Ramadan is to strive in fulfilling these purposes.

The True Blessings of Ramadan and Eid

His Holiness ايده الله تعالىٰ بنصره العزيز said that the true blessings of Ramadan will only be recognised when a true change is brought about. Furthermore, one will only experience the true happiness of Eid when these changes become a permanent part of one's life.

His Holinessایدہ اللہ تعالیٰ بنصرہ العزیز said that the Promised Messiahعلیہ السلام has guided us as to how to become true believers. His Holinessایدہ اللہ تعالیٰ بنصرہ العزیز said that he would be presenting quotations of the Promised Messiahعلیہ السلام which explain how we can truly continue the blessings of Ramadan and celebrate Eid in the true fashion; what the rights owed to God are and what the rights owed to fellow human beings are.

His Holinessایدہ اللہ تعالیٰ بنصرہ العزیز quoted the Promised Messiahعلیہ السلام who said that to truly love God is to love Him more than one's parents, wife, family and all other things. God Almighty states in the Holy Quran:

'Celebrate the praises of Allah as you celebrated the praises of your fathers, or even more than that.' (The Holy Qur'an, 2:201)

If we can establish this level of love, then we can say that we are celebrating Eid in the true sense. We must analyse ourselves and see if we are ready to strive in achieving this. The Promised Messiahعلیہ السلام further said that the true love of God cannot be achieved simply through words, rather there must be a true and concerted effort made in this cause. Hence, along with the verbal affirmations, there must be actions to accompany them. This is the true Islam, and this is the purpose for which the Promised Messiahعلیہ السلامcame.

His Holinessایدہ اللہ تعالیٰ بنصرہ العزیز said that life-devotees should especially consider that everything they do and every action of theirs should be solely for the sake of Allah Almighty.

Become like Abrahamعلیہ السلام. His Holiness ایدہ اللہ تعالیٰ بنصرہ العزیز further quoted the Promised Messiahعلیہ السلام who said that the story of Abrahamعلیہ السلام was told to show the great levels of sacrifice which one should attain. Islam seeks to make many Abrahams and instill that same spirit in everyone. We should not merely seek to follow other aulia`ullah (friends of Allah), rather we ourselves should seek to become friends of Allah.

No doubt that attaining these standards requires one to walk down a difficult path, but after crossing that path is great ease and happiness. However, it is necessary to shed all bad habits and qualities. Without sincerity, one cannot attain the true pleasure of God Almighty. No one can deceive God Almighty; hence we must be truly sincere to our core. His Holinessایدہ اللہ تعالیٰ بنصرہ العزیز said that hence, we must analyse our claims of loving God. If we love Him in the true sense as described, then we will experience the true happiness of Eid.

Experiencing True Prayer

His Holinessایدہ اللہ تعالیٰ بنصرہ العزیز quoted the Promised Messiahعلیہ السلام who said that one should always continue seeking forgiveness from God Almighty. When one truly turns to God in repentance, then Allah turns to him with mercy and forgiveness and erases his sins and faults. To do this, one must offer their prayers with great care. One should establish the true fear of God in their hearts. Before doing anything, one should stop to think whether these actions will please, or displease God. The Promised Messiahعلیہ السلام said that the purpose of prayer is not merely to go through the physical actions and postures. Rather, the purpose of prayer is to glorify God and to seek His forgiveness. When these two things are combined with true attention and sincerity, then one experiences true prayer. When one bows, their heart should bow along with them, and when one prostrates, then it should be with the true fear of God.

His Holinessایدہ اللہ تعالیٰ بنصرہ العزیز said that it is in attaining such standards that we can experience the true Eid. We must analyse ourselves as to whether we are striving to attain these levels and standards, so that we may truly experience the essence of Eid.

His Holinessایدہ اللہ تعالیٰ بنصرہ العزیز further quoted the Promised Messiahعلیہ السلام who said that true worship is to wholly devote one's self to God. One's sole purpose should be attaining the pleasure of Allah. All good deeds carried

out should not be done forcefully, rather one's worship and prayers should be carried out with happiness and heartfelt desire.

The sign of a true believer is that they never abandon worship and doing good deeds, for they do not do so merely for the sake of reward; rather they consider their very being to be created for the purpose of recognising and seeking the pleasure of God. When one strives in this way, then they are able to witness the bounties of God. The Promised Messiah عليه السلام said that even experiencing hardships would be a means of happiness and contentment for him, as they would lead him closer to God, rather than leading him away from the path of God. This is the path to Paradise, and no one can attain it without treading this path.

Tread the Path That Leads to Paradise

His Holiness ايده الله تعالىٰ بنصره العزيز said that this is the essence and this is the path of attaining the true spirit of Eid. So we must consider whether we are treading upon that path which leads us to attaining Paradise. His Holiness ايده الله تعالىٰ بنصره العزيز said that we must establish high standards in our worship, in attaining the pleasure of God, and in fulfilling the rights owed to fellow human beings. Only then will we experience true Eid.

His Holiness ايده الله تعالىٰ بنصره العزيز quoted the Promised Messiah عليه السلام who said that a true believer never takes personal enemies, nor tries to cause anyone harm. To do so in order to uphold the honour of God and His Messenger ﷺ is another matter, but even then, one should pray for such enemies, and keep in mind the moral standard established by the Holy Prophet ﷺ.

Importance of Reading the Holy Qur'an

His Holiness ايده الله تعالىٰ بنصره العزيز said that reading, studying and pondering over the Holy Qur'an is also the sign of a true believer. It is necessary to recite and act upon the Holy Qur'an, along with worship, in order to increase in belief and certainty. The Promised Messiah عليه السلام said that we must read the Holy Qur'an and offer prayers with great care. We should recite the Holy Qur'an and read its translation so that we may understand its commandments. We should not recite the Holy Qur'an just as an ordinary book, but should do so keeping in mind that it is the Word of God. Similarly, the essence of Salat is prayer. Hence, we must offer our prayers with great care and attention, rather than simply going through the motions, without even realising what we are doing or saying.

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> *His Holiness ايده الله تعالىٰ بنصره العزيز said that offering our prayers with great care, and reciting the Holy Qur'an with true understanding will lead us to experiencing the true Eid.*

We must always strive to offer prayers with great care, and must always strive to recite, ponder and act upon the Holy Qur'an.

His Holiness ايده الله تعالىٰ بنصره العزيز quoted the Promised Messiah عليه السلام that our victory lies in the Holy Qur'an. The Holy Prophet ﷺ himself said that one who has not memorised any portion of the Holy Qur'an is like an empty home. Furthermore, the Holy Prophet ﷺ instructed that we should not recite the Holy Qur'an quickly; rather we should recite it with great care while pondering over its meanings. His Holiness ايده الله تعالىٰ بنصره العزيز said that many will have recited the Holy Quran and memorized some portions during the Ramadan. We should strive to continue this and continue revising those portions we have memorised. But we must also strive in continuing to ponder over its meanings. Then, when we continue this spirit which was established in Ramadan, we can say that we are experiencing true happiness and the true essence of Eid.

Fulfil the Rights Owed to Mankind

His Holiness ايده الله تعالىٰ بنصره العزيز said that all

of these acts of prayer and worship will only benefit us in attaining nearness to God when we are also fulfilling our duties owed to our fellow human beings. The Promised Messiahعلیہ السلام said that just as one claims God to be One and without partner, one should also care for His creation and serve them. Yet there are many who are not able to fulfill the rights owed to one another and commit injustices against each other. However, God instructs that humanity must become as one, and be kind and just to one another; only then can we truly establish a connection with the One true God. When we fulfill the rights owed to one another, then will we be able to fulfill our rights to God. When we do this, then we will experience the true essence of Eid.

His Holinessایدہ اللہ تعالیٰ بنصرہ العزیز said that just as our attention is drawn towards matters of spirituality and worship, our attention should also remain on fulfilling the rights owed to humanity. The Promised Messiahعلیہ السلام said that there are two types of rights owed to humanity; to those who have become brothers in faith, and then to humanity at large. In fact, the Promised Messiahعلیہ السلام said that according to the practice of the Holy Prophetﷺ, one should even pray for their enemies. The Promised Messiahعلیہ السلام said that there was no enemy of his, for who he had not prayed at least two or three times. Just as God displeases for partners to be associated with Him, He also displeases for one to hold enmity against another. Hence, no matter how great of an enemy may be or no matter how much enmity another person exhibits, we must always approach others with great care and kindness, exhibiting the highest standards of morality.

His Holinessایدہ اللہ تعالیٰ بنصرہ العزیز said that when we establish this standard in our dealings with one another and we pray for one another, then we will experience the true happiness of Eid.

His Holinessایدہ اللہ تعالیٰ بنصرہ العزیز further quoted the Promised Messiahعلیہ السلام who said that the Holy Prophetﷺ once said that on the Day of Judgement, God will say to some people that He is very pleased with them, for when He was hungry they fed Him, they clothed Him, gave Him water, and visited Him when He was sick. The people will say to Him that He is pure from such things, how could they have done these things for Him? God will say that His servants were in such a state and they helped them, and when they did so, it was as if they had done so for Allah. Hence, showing kindness and compassion to the creation of Allah is extremely important in attaining the pleasure of God. Hence, our purpose for helping humanity should be attaining the pleasure of God.

Strive to Make Financial Sacrifices

His Holinessایدہ اللہ تعالیٰ بنصرہ العزیز said that when we do this, we will experience true Eid. The Ahmadiyya Muslim Community has established many different funds to help all different kinds of people in need in various ways. Hence, we should always strive to make contributions towards these funds and thus help those in need, in order to attain the pleasure of God.

His Holinessایدہ اللہ تعالیٰ بنصرہ العزیز further quoted the Promised Messiahعلیہ السلام who said that man must treat his wife with kindness. It is the kindness with which a husband treats his wife that a household becomes heavenly. It is in establishing such a heavenly household that one can continuously experience the happiness of Eid.

His Holinessایدہ اللہ تعالیٰ بنصرہ العزیز quoted the Promised Messiahعلیہ السلام who said that there are many who seem to remember God and utter His name, yet their actions do not reflect the same thing. Hence, our claims must be accompanied with actions. We must worship God with true sincerity. We should read the Word of God with true concentration. The true Community of God cannot be established without true and firm actions.

His Holinessایدہ اللہ تعالیٰ بنصرہ العزیز said that having accepted the Promised Messiahعلیہ السلام is a matter of great importance. Simply celebrating on the surface will not help us in attaining our true purpose. Rather, we must strive to fulfill

the pledges we have made. Then, God bestows His favours, and when this happens, then what greater Eid can there be than this.

His Holiness ایدہ اللہ تعالیٰ بنصرہ العزیز quoted the Promised Messiah علیہ السلام who said that the purpose of standing shoulder to shoulder in prayer is to establish unity. We must prayer for our brothers and sisters just as we pray for ourselves, and wish for them what we wish for ourselves. Unity is a distinguishing factor. We must not let enmity creep in for the smallest of matters. But if we do not do so, then we will remain bereft of God's blessings.

His Holiness ایدہ اللہ تعالیٰ بنصرہ العزیز said that in order to partake of the true Eid, we must consider whether we have acted upon this. It is not enough to meet a few relatives and treat them with kindness and compassion, rather it is only when treating everyone in the same manner that we can truly experience Eid. Not only will we experience Eid twice a year, rather when we establish these qualities, then everyday will be an Eid for us.

Prayers for Palestine & the Rest of the World

His Holiness ایدہ اللہ تعالیٰ بنصرہ العزیز then made an appeal for prayers. First His Holiness ایدہ اللہ تعالیٰ بنصرہ العزیز said to pray for the people of Palestine, who are facing hardships and persecution in their own land. They are not able to visit their own mosques and instead are required to have permits but even those are not issued to them. Then those who go to pray are attacked and are forcefully being taken out. There are many fair and just media outlets which have now started covering the injustices being carried out. The police have been spraying tear gas and firing bullets; there have even been attacks and airstrikes due to which many people are suffering and being killed. According to some reports, the Israeli police are hindering medical aid from reaching those who require it.

His Holiness ایدہ اللہ تعالیٰ بنصرہ العزیز prayed that may Allah help the oppressed and seize the perpetrators of injustice. His Holiness ایدہ اللہ تعالیٰ بنصرہ العزیز said that the US State Department claims to promote justice, yet they have remained silent even after the killing of nine children, and have not issued any statement – in fact the number may even be more than nine now. His Holiness ایدہ اللہ تعالیٰ بنصرہ العزیز said that the New York Times has also stated according to a report by the Human Rights Watch that Israel is giving precedence to the Jewish people and that there is no justice for the Palestinians. Amnesty International has also reported that the Palestinians are being made to face grave injustices.

His Holiness ایدہ اللہ تعالیٰ بنصرہ العزیز quoted an Israeli national newspaper which writes that the concept of justice has been skewed, whereby it is said that what is ours will always remain ours, and what is yours is also ours; and it is thus that the rights of Palestinians are being usurped. His Holiness ایدہ اللہ تعالیٰ بنصرہ العزیز prayed that may Allah have mercy on them and though this Eid has come at a time of great grief for them, may He turn their grief into happiness. May they also find such leadership which will help them. If the Muslim world came together, they could help such Muslims who are facing injustices, however the Muslim world is unable to come together and they have not given a united response as they should have. His Holiness ایدہ اللہ تعالیٰ بنصرہ العزیز said that we must pray a great deal for Palestine and pray for their freedom.

His Holiness ایدہ اللہ تعالیٰ بنصرہ العزیز said that we must pray for the entire world and for all those who are facing any sort of hardship. We should pray for all those around the world who are in need. We should pray for injustice to be eradicated from the world. We should pray that the effects of this global pandemic are erased and the world returns to normal. This however, can only happen when the world turns its attention to fulfilling the rights owed to God and His creation. His Holiness ایدہ اللہ تعالیٰ بنصرہ العزیز prayed that may the world have the ability to do so.

Arrogance –

From the writings of the Promised Messiah عليه السلام Part 4

Mohyuddin Mirza, Edmonton East

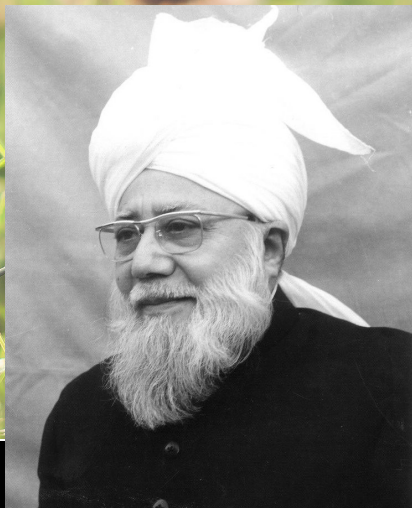
"Do not Idolize Me, It is not my way that I should look so fierce and awe-inspiring that people should fear me as they fear a wild beast. I hate to be idolized. I have come to abolish idol worship and not to become an idol myself so that people should worship me. God Almighty knows well that I do not prefer myself to others in the slightest degree. In my estimation there is no greater idol worshipper nor anyone more wicked than an arrogant one. Such a one worships no God, he only worships himself." *[Malfuzat, vol. II, pp. 6-7]*

"Remember that arrogance is allied to falsehood. The worst falsehood is that which accompanies arrogance. That is why God, the Glorious, smashes the head of an arrogant one before all others."*[A'ina-e-Kamalat-e-Islam, Ruhani Khaza'in, vol. 5, p. 599]*

This is part 4 on the subject of arrogance from writings of the Promised Messiah عليه السلام and indeed a very thought provoking indeed. In the world history it happens that the messenger's message gets less focus and his personality becomes more important to his followers as the time lapse increases. This statement of the Promised Messiah عليه السلام is a strong testimonial to the fact he was acutely aware of this possibility. Reading word by word, line by line, one can grasp the message which the Promised Messiah عليه السلام has tried to convey. One sentence is so powerful, " In my estimation there is no greater idol worshipper nor anyone more wicked than an arrogant one" and needs particular focus for self analysis. Sometime we take our health, wealth, progeny and possessions as our idols meaning that we can solve our problems through these things and don't trust our affairs to God.

The mention of arrogance as allied to falsehood is another important point which the Promised Messiah عليه السلام has raised here. Arrogant people never admit their arrogant behaviours because they tend to justify their actions by throwing a positive spin on the consequences. Sometimes such people seek support from others around them who they can influence easily which comes in the category of falsehood.

What I can understand from these powerful statements is that we should recognize arrogance on our own by analyzing if our actions fit into the scope of being arrogant. It can be done if God is used as a reference point, a total submission to the will of God under all circumstances.

To be continued the May 2024 issue of our magazine. Forms of Arrogance and Means of Purification.

Excerpts from Hazrat Mirza Nasir Ahmad, Khalifatul-Masih III رحمہ اللہ تعالیٰ

Published by Lajna Ima'illah United Kingdom 2017

Excellent Morals

During his time at Government College, Hazrat Mirza Nasir Ahmad رحمہ اللہ تعالیٰ was an embodiment of the highest morals. He once narrated the following incident: 'I remember this incident from my student days at Government College, Lahore. On one of my days off, as I was travelling to Qadian, a bitter opponent of the Jama'at happened to board the same train carriage as me. Throughout our journey between Lahore and Amritsar, he continued to question me in a highly offensive language. I calmly continued to give him the answers with a smile on my face. The opponent was so impressed with this gentle smile and civil manner that on leaving the train in Amritsar, he commented: "If your community was to find 200 such Daeen-e-Ilallah – (callers unto faith) as yourself, then you will surely win us over. I tried my best to incite you throughout the journey, but in return you continued to smile constantly."

Acceptance of Prayer

Chaudhry Muhammad Ali Sahib, a former principal of T.I. College, Rabwah, relates the following interesting incident of Huzoor's رحمہ اللہ تعالیٰ acceptance of prayer:

'When the college was being built in Rabwah, I had the privilege to work with Hazrat Mirza Nasir Ahmad رحمہ اللہ تعالیٰ during that time. The Jama'at was passing through a time of great financial struggle in those days... One day, when the lintel [a support beam] was due to be placed in the ceiling for the college hall, dark storm clouds began to gather overhead. A large amount of cement and other materials had already been mixed for the task in hand. Huzoor رحمہ اللہ تعالیٰ raised his finger and pointing to the clouds said, *"The money for these ingredients has been donated by the members of a poor Jama'at. If it was to rain today, this money will be wasted. Move away from this place."* This was of course a plea to his Allah, which was heard, and the clouds dispersed as fast as they had gathered.

Interesting facts about Canada

Nisar Shams - Majlis Melville

C Canada is a huge country on the North American continent. The country is divided into ten provinces and three territories and is home to about 40 million people (2023).

Canada has lots of superlatives on offer as you will read below. Also have a look at our separate Canada country facts page with more information about the country here.

1. Canada is the largest country in the Western hemisphere and the second largest country in the world after Russia and borders only one country, the United States of America.
2. Canada has the longest coastline in the world with 202,080 km/ 125,567 miles.
3. Three Canadian islands are among the top ten biggest islands in the world. They are: Baffin Islands (more than double the size of Great Britain), Victoria Island and Ellesmere Island (both are roughly the size of England).
4. More than half of all the lakes in the world are located in Canada! The country counts more than 3 million lakes and 31,700 big lakes with an area over 300 hectares. Canada also includes two of the biggest lakes in the world: Great Bear Lake and Great Slave Lake.
5. Toronto is Canada's largest metropole with about seven million people. Montreal, Canada's second largest city with over 4.3 million inhabitants, is also the second largest city in the world that has a French-speaking population - after Paris in France.

B Vitamins

Dr. Hameed A. Mirza- Majlis Peace Village East

Continuing our exploration of various vitamins, in this brief essay, we will discuss an important class of vitamins, called B Vitamins. These complex vitamins encompass a group of essential B vitamins that are vital for numerous bodily functions, such as maintaining cardiovascular health and supporting cellular functions. These vitamins are commonly obtained through a balanced and nutritious diet.

Vitamin B complex is composed of eight B vitamins:

B1	Thiamine	B2	Riboflavin
B3	Niacin	B5	Pantothenic acid)
B6	Pyridoxine	B7	Biotin
B9	Folic acid	B12	Cobalamin

Each of these indispensable vitamins contributes significantly to overall bodily function.

The role of B complex vitamins for overall health

B vitamins play a pivotal role in maintaining optimal health and well-being. Some of the key benefits are highlighted below:

Enhanced Energy Production: B vitamins play vital roles in converting carbohydrates, fats, and proteins from food into usable energy for the body.

Support for the Nervous System: Particularly, B1 (thiamine), B6 (pyridoxine), B9 (folate), and B12 (cobalamin) are essential for sustaining the health of the nervous system, encompassing nerve function and neurotransmitter synthesis.

Facilitation of Red Blood Cell Formation: Vitamin B12 and folate (B9) are indispensable for the generation of red blood cells, which transport oxygen throughout the body.

Promotion of DNA Synthesis and Repair: Crucial for genetic stability, B vitamins such as B6, B12, and folate undertake central roles in DNA synthesis and repair, mitigating abnormalities.

Support for Cardiovascular Health: Select B vitamins, like B6, B12, and folate, contribute to the regulation of homocysteine levels in the bloodstream. Elevated homocysteine levels correlate with heightened cardiovascular risk, thus ensuring adequate intake of these B vitamins can foster heart health.

Regulation of Mood: Particularly noteworthy, B6, B9, and B12 are involved in synthesizing neurotransmitters like serotonin, dopamine, and norepinephrine, pivotal for mood regulation and mental well-being.

Enhancement of Skin and Hair: B vitamins play a crucial role in maintaining the health of skin, hair, and nails, with Biotin (B7) renowned for its hair and nail fortifying properties.

Support for Digestive Function: Contributing to the metabolism of carbohydrates, fats, and proteins, B vitamins bolster digestive function

and facilitate nutrient absorption.

According to medical research, B vitamins play a key role in fetal brain development and contribute to reducing the risk of birth defects. Consequently, B vitamins hold particular significance for pregnant or breastfeeding women. Moreover, they may assist in managing energy levels, alleviating nausea, and reducing the risk of developing preeclampsia.

Additionally, it is observed that B vitamins play a beneficial role in hormone regulation, potentially aiding in the regulation of both male and female hormones.

The recommended dietary allowance for B vitamins

Vitamin B	For Men	For Women
B1	1.2 mg	1.1 mg
B2	1.3 mg	1.1 mg
B3	16 mg NE	14 mg NE
B5	5 mg	5 mg
B6	1.4 mg	1.3 mg
Biotin	30 mcg	30 mcg
Folic Acid	400 mcg DFE	400 mcg DFE
B12	2.4 mcg	2.4 mcg

According to the Health Canada, the RDA (Recommended Dietary Allowance) is:

mg = milligram; mcg = microgram (1 mg = 1000 mcg); DEF = Dietary Folate Equivalents; NE = Niacin Equivalents (NE), One NE equals 1 milligram of Niacin

It should be noted that certain underlying health conditions can prevent our body from properly absorbing vitamin B. However, before making a decision about any supplements, it is important to consult your doctor who can provide dosage information tailored to your specific needs.

Furthermore, if we have any of the below conditions, then it is important to talk with our doctor about vitamin B intake:

Celiac disease,HIV,Crohn's disease, Kidney conditions, Rheumatoid arthritis, Ulcerative colitis,Inflammatory bowel disease

Foods that are high in B vitamins

A wide array of foods naturally contains B vitamins, simplifying the task of obtaining adequate amounts through your diet. Opting for a diverse range of food sources is optimal, as it ensures a balanced intake of each type of B vitamin

Food sources for Vitamin B:

Dairy products (Milk, Cheese, Eggs), **Meat Products** (Liver, kidney, chicken, red meat),**Fish** (e.g., tuna, mackerel, salmon, shellfish e.g., oysters, clams),**Vegetables** (e.g., spinach, kale, beets, avocados, potatoes),**Whole grains and cereals,Beans** (e.g., kidney beans, black beans, chickpeas, Nuts and seeds),**Fruits** (e.g., citrus fruits, bananas, watermelon)**,Soy products** (e.g., soy milk, tempeh).**Blackstrap molasses,Wheat germ,Yeast and nutritional yeast**

General Symptoms that indicate deficiency in B vitamins?

While most individuals obtain sufficient B vitamins through a balanced diet, deficiencies can still occur, particularly in cases where certain medications like proton pump inhibitors are used over an extended period or with very strict vegan or vegetarian dietary patterns.

Insufficient intake of B vitamins may manifest in various symptoms, including:

Skin rashes, Cracks around the mouth, Scaly skin on the lips, Swollen tongue, Fatigue,Weakness,Anemia, Confusion, Irritability or depression, Nausea,Abdominal cramps,Diarrhea,Constipation, Numbness or tingling in the feet and hands

If you're experiencing any of these symptoms and are uncertain about the cause, it's advisable to schedule an appointment with your doctor for further evaluation and guidance.

While a vitamin B deficiency could be a potential cause of your symptoms, it's important to note that these manifestations often overlap with various other underlying health conditions. Consulting with your doctor is essential for an

accurate diagnosis and appropriate guidance regarding next steps.

It's unlikely to consume excessive amounts of vitamin B complex through diet alone because these vitamins are water-soluble, as such they are not stored in the body but are excreted in urine. However, it's essential to avoid excessive intake, particularly when taking supplements without a confirmed deficiency diagnosis from a health care provider.

When consumed in excess, specific B vitamins may lead to particular side effects. For instance:

Vitamin B6. Too much B6 may lead to peripheral neuropathy, which is a loss of feeling in the arms and legs.

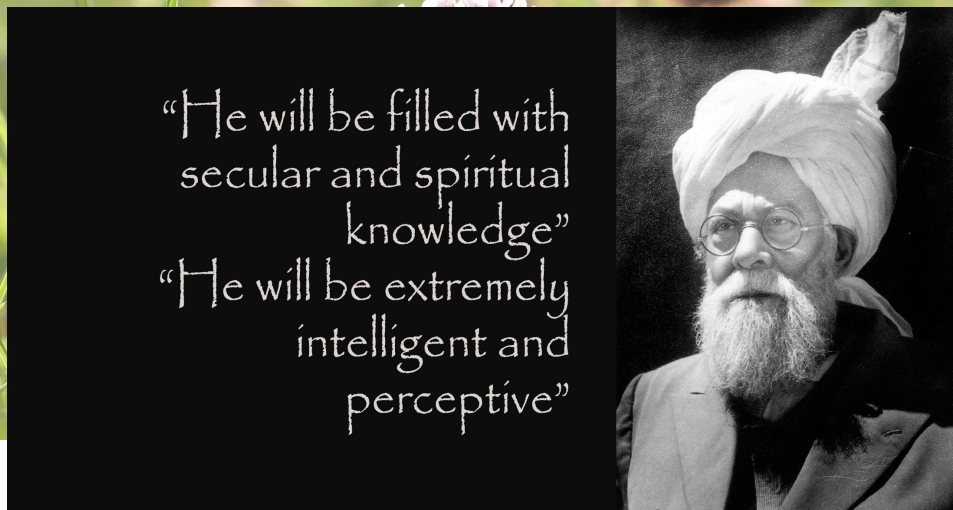
Folate or folic acid. Too much of this vitamin can cover up the symptoms of a vitamin B12 deficiency, which can eventually lead to nervous system damage.

Niacin. Too much niacin may cause skin flushes. Long-term excessive use may lead to liver damage.

While the precise effects of consuming excessive amounts of B complex vitamins aren't fully understood due to insufficient research, it's important to note that more isn't necessarily better, especially over the long term. Excessive intake of certain B vitamins may lead to adverse effects and disrupt normal bodily functions. Therefore, it's crucial to adhere to recommended dosage guidelines and consult with a healthcare professional if you have any concerns about B complex supplementation.

It's noteworthy that based on findings from the 2009 to 2011 Canadian Health Measures Survey (CHMS), Canadians aged 3 to 79 had an average vitamin B12 concentration of 358 pmol/L in their blood. Among both sexes, vitamin B12 levels peaked in children aged 3 to 5, followed by those aged 6 to 11. Remarkably, vitamin B12 levels remained nearly consistent for adolescents and adults aged 12 to 79.

Furthermore, the survey revealed that 96% of Canadians had adequate vitamin B12 levels, meeting or exceeding Health Canada's recommendation of 148 pmol/L. Notably, nearly 100% of both sexes within the 3 to 5 and 6 to 11 age groups reached this threshold. Across other age brackets, the prevalence of sufficient vitamin B12 levels remained consistent, ranging from 97% among 12 to 19 year olds to 95% among individuals aged 40 to 79.

Among Canadians aged 3 to 79, 19% reported using a vitamin B12 supplement, with the highest usage observed among 3 to 5 year olds (29%) and the lowest among 12 to 19 year olds (12%). Individuals taking a vitamin B12 supplement exhibited approximately 70 pmol/L higher levels of vitamin B12 in their blood. Additionally, the prevalence of sufficient vitamin B12 levels was higher among those using a supplement.

Ways of the Seekers – an example of one of the book which is full of secular and spiritual knowledge

Dr. Mohyuddin Mirza, Edmonton East

Morals Defined

"Of human actions, those that relate to human beings and are inter-human in character are called moral. The same actions, when they relate to God, are called spiritual and form part of the spiritual life of man. A man who lies to other men is a liar; he commits the immorality of lying. If he lies to God, it means he is dead spiritually. To be pious and religious, a man has to be right on both counts. Moral actions which obey the Law of Shariah become spiritual actions and a part of religious faith and life. The same actions without reference to the spiritual part, when carried out as part of social tradition or culture are called moral. A person who is mindful in respect of such actions is called a moral human being."

"Thus, the moral and spiritual states are closely connected. The only difference between the two is that when our activities are directed towards man, they are called moral activities; when they are directed towards God, they become spiritual. Hence when I speak about morals, I should also be understood to be speaking about the spiritual side of man. The difference is obvious. One kind relates to man, the other to God. I shall observe this difference wherever necessary."

Defining morals and morality is a very challenging issue and in search for a purpose of life, one can see discussions and podcasts and videos on this subject. Once morals are defined then one can discuss the subject of how to achieve those morals. In his speech Hazrat Musleh Maud رضی اللہ تعالیٰ عنہ has described definition of morals in such a way which satisfy a contemporary mind. There is a "moral crisis" in the world in the sense that people and nations have lost their moral bearings. I have read it again and again and found that it has been explained in a very simple and logical manner. I won't comment any further. Please read and enjoy a beautiful definition of morals.

In May issue of Nahnu Ansarullah, we will go to the next topic of "khulaq" and means to achieve high morals.

How to celebrate Eid-ul-Fitr

Compilation by Editor:

As the name suggests, Eid-ul-Fitr means "the feast of breaking the fast." It is a festival that marks the end of the holy month of Ramadan and it is celebrated on 1st Shawwal. This joyous day serves as a reward for those who observe fasts and occupy themselves in the worship of Allah during the blessed month of Ramadan.

How should a person begin the day of Eid-ul-Fitr?

As Eid-ul-Fitr is celebrated on the very next day at the end of Ramadan, therefore a person should begin their day by carrying on the practise of offering Tahajud prayer, the obligatory prayer of Fajr and the recitation of the Holy Quran. However, one should not fast on this day. One should take a shower, wear good clothes, perfume and offer Eid prayer in congregation which is offered in an open area or the mosque before the sun begins to set. Hazrat Anasرضی اللہ تعالیٰ عنہ narrates,

"The Messengerﷺ of Allah never proceeded [for the prayer] on the day of Eid-ul-Fitr unless he had eaten some dates." He also relates that, "The Holy Prophetﷺ used to eat an odd number of dates." (Sahih al-Bukhari, Kitab al-Eidain)

Hazrat Jabirرضی اللہ تعالیٰ عنہ bin Abdullah relates,

"On the day of Eid, the Holy Prophetﷺ used to return [after offering the Eid prayer] using a different route from that which he went by."

(Sahih al-Bukhari, Kitab al-Eidain)

How is Eid prayer offered?

In the first rakat [unit of prayer] of Eid-ul-Fitr, after reciting *thanaa*, the imam says *7 takbirat* [Allahu Akbar] in a loud voice before commencing with the recitation of Surah al-Fatihah. The imam and followers should raise their hands to their ears and drop them at each time. After the *takbirat, ta'awuz* and *bismillah,* the imam recites Surah al-Fatihah and a portion of the Holy Quran aloud and completes the *rakat* as is the sunnah.

On the second *rakat*, instead of 7, the imam says *5 takbirat* and then completes the second *rakat* as mentioned above. The imam delivers a sermon after the Eid prayer as is delivered before the Jummah prayer.

Hazrat Abdullahرضی اللہ تعالیٰ عنہ bin Umar narrates:

"The Holy Prophetﷺ used to offer the prayer of Eid-ul-Adha and Eid-ul-Fitr and used to deliver the khutba after the prayer." (Sahih al-Bukhari, Kitab al-Eidain)

Hazrat Ibn Abbasرضی اللہ تعالیٰ عنہ narrates:

"The Holy Prophetﷺ offered a two-rakat prayer on the day of Eid-ul-Fitr and did not pray before or after it. Then he went towards women along with Bilalرضی اللہ تعالیٰ عنہ and asked them to pay alms and so they started offering their earrings

and necklaces [in charity].”

(Sahih al-Bukhari, Kitab al-Eidain)

Is it obligatory to offer Eid prayer?

The Eid prayer is *Sunnat-e-Mu'akidah* (a practice that the Prophetﷺ told us to follow). Everyone should come for Eid prayer. Even women having their period should also come to the mosque, but they should not take part in the prayer and instead, occupy themselves in the remembrance of Allah.

What is *Fitrana* and how much one should pay?

In Arabic, *fitrana* is called Sadaqat-ul-Fitr, as it is stated in a Hadith:

Hazrat Ibn Abbas رضی اللہ تعالی عنہ relates,

“The Holy Prophetﷺ deemed Sadaqat-ul-Fitr obligatory upon Muslims. It is a means of purifying the fasting person from idle talk and foul language and also to feed the poor.”

(Sunan Abu Dawood, Kitab az-Zakat)

Fitrana has to be offered before Eid. At times it is observed that it is offered right before or after the Eid prayer, however it is better to offer *fitrana* well before Eid, so that the poor and needy can be provided with the means to celebrate Eid in time.

The amount or *rate of fitrana is one saa' of grains,* which is equivalent to 2.5 kilograms. However, if someone is unable to offer the exact amount, they can offer half of the amount. Fitrana is obligatory upon every Muslim man, woman and child, so much so that it has to be paid on behalf of a new-born as well. Keeping in view the amount of *fitrana*, it is fixed annually at a national level and then collected accordingly.

What is Eid Fund?

The practice of offering Eid fund exists since the time of Promised Messiah علیہ السلام. The purpose of offering this fund is so that as a person spends money on clothes, food, gatherings and gifts etc., on all happy occasions like Eid, one should bear in mind the requirements of faith and religion.

The amount of Eid fund in the time of the Promised Messiah علیہ السلام was such that each Ahmadi who had a source of income would offer one rupee as Eid Fund. However, in the present age, the value of the rupee has not remained the same, so instead of restricting it to one-rupee Ahmadis should pay a sum on both Eid's keeping in view the spirit of this fund according to their financial position.

The Promised Messiah علیہ السلام said:

“What a blessed time this is! No one is asked to lay down their life. This is not the time for offering the ultimate sacrifice, but rather it is the time to spend out of one's possessions, according to one's means.” *(Al Hakam, 10 July 1903)*

How can we celebrate Eid in the best possible way?

A person should celebrate Eid-ul-Fitr by keeping in view the lessons learned during the month of Ramadan. All those goals and aims that are achieved during the blessed days of fasting should be made part of one's life. One should remember everyone in their happiness, especially those who are poor and needy. One should not only maintain their previous good deeds but in fact progress in spiritual development and attain the pleasure of Allah.

Highlighting the importance and spirit of Eid, Hazrat Mirza Masroor Ahmad, Khalifatul Masih V ایدہ اللہ تعالی بنصرہ العزیز states:

“Today, young and old, men and women have gathered together because this day holds great significance. Islam has decreed the day of Eid as a day of happiness in which Muslims should join together with their loved ones…

“Today, if Ahmadi Muslims wish to celebrate Eid in the true sense, then where they seek to attain the blessings of true Eid by bringing about a moral reformation, they should also make every effort to free the world from injustices and should engage fervently in prayer to free the Muslim world from the disorder and troubles it is engulfed in.”

(Eid-ul-Fitr Sermon, Baitul Futuh Mosque, London, 19 July 2015)

Clean Drinkable Water Project in Belize
Sponsored by Majlis Ansarullah Canada

Report by Dawood Ismail Nazim-e-Aala Ilaqa, Western Canada

Belize, nestled along the northeastern coast of Central America, stands as a testament to natural beauty, cultural diversity, and ecological significance. Yet, beneath its picturesque landscapes lies a pressing challenge: the accessibility of pure, clean drinking water.

Belize faces a significant challenge in accessing clean water, particularly in rural areas, due to contamination, inadequate infrastructure, and climate change. To address this, the Ahmadiyya Muslim Jama'at Belize proposed and established the "Water for Life" initiative at the Baitun Nur Mosque in Belize City. By the Grace of Allah and with guidance of Huzur(aa) Majlis Ansarullah Canada stepped forward and had the blessings of sponsoring this project with an initial donation of $15,000, supplemented by $7,500 for additional needs.

Under the "Water for Life" project the Water Purification Plant has been in operation since July 2023, with construction initiated in February of 2023. The plant currently produces 95 gallons of clean water daily, with a daily capacity of 400 gallons, allowing for the filling of 80 five-gallon bottles each day. This translates to an annual output of 146,000 gallons, providing a sustainable water source that can benefit over 70,000 people each year.

The project was officially inaugurated during the Jalsa Salana Belize 2024 by Respected Abdul Rashid Anwar sahib, serving as Missionary In-Charge, Jama`at Canada symbolizing its crucial role in addressing water scarcity. The nominal

fee of $3.00 for a 5-gallon water bottle serves a dual purpose: it not only ensures the essential operational expenses of the plant are met but also ensures accessibility and affordability for the local population. This nominal charge strikes a delicate balance between covering the costs of production and distribution while remaining within reach of those in need.

The implementation of the Water for Life project has not only addressed the critical issue of water scarcity in Belize City but has also played a pivotal role in stimulating the local economy by creating employment opportunities. This not only contributes to the economic development of the community but also fosters a sense of empowerment and self-sufficiency among the local workforce.

The success of this project, funded by Majlis Ansarullah Canada, provides a lifeline to Belize City residents, offering clean and safe drinking water. To ensure continued well-being, sustaining and expanding such initiatives is crucial. Collaborative efforts can create a brighter, healthier future for underserved communities. By working together and prioritizing community welfare, we can create a brighter, healthier future for all.

May Allah bless this project in the long-run and make a source of blessings for all local residents. Ameen!

MAJLIS ANSARULLAH CANADA BELIZE WATER PURIFICATION PLANT KEY STATS

- *In Service since July 2023*
- *Employment for Locals*
- *400 Gallons of Water Daily*
- *146,000 Gallons of water Yearly*
- *70,000+ Beneficiaries Per Year*

Different Activities of Majlis Ansarullah Canada

Tabligh Stall
Majlis Ansarullah Cloverdale Langley

The Majlis Ansarullah Cloverdale Langley organized a Tabligh event on Saturday 20th January 2024 from 12.00 noon to 2.00 pm on the major intersection at 64 Avenue and 176 Street under the supervision of Malik Irfan, Zaeem Majlis.

Banners were installed and flyers were distributed. 14 members participated in the flyer distribution. Although there was snow on the footpath the visitors stopped by and asked questions. Satisfactory answers and information were provided to them who expressed their appreciation.

Local Amir Naeem Ahmad Lakhan and Regional Nazim A'la BC Rashid Ahmad were also present. The event ended with a silent prayer followed by refreshments.

Breakfast service
for Seniors by Majlis Ansarullah Emery Village - Saturday, 10th February 2024

The Majlis Ansarullah Emery Village under the department of Isar, visited a nearby Senior home. Majlis Ansarullah donated a breakfast for thirty persons. The whole amount of $110.0 was donated by the Ansar brothers of Emery village. Three

Ansar including respected Zaim sb, respected Muntazim sb Umumi and Mutazim sb Tabligh visited Westside long-term senior home, with breakfast bought from Tim Hortons.

It was an excellent experience to meet and greet seniors and the staff of long-term care welcomed and appreciated our visit.

During the visit, the group was also introduced to a group of seniors who were so happy to see them and the Ansar brothers had a small chat with them too.

Food Donation
to the homeless by Peace Village Center West

By the Grace of Allah, our Majlis Ansarullah Peace Village Centre West has donated food to a homeless shelter (Blue Door Homeless Shelter) at Newmarket biweekly for three years. We have three teams to do all the work. One team does grocery for cooking food at Langar Khana. The second team cooks food at Langar Khana. The third team goes to deliver the food at a homeless shelter which is 35 kilometres away from Majlis.

May Allah accept our all sacrifices and provide us with more opportunities to help humanity.

Announcement
for Hifzul Quran School 2024 Admissions

• By the grace of Allah Hifzul Quran school has produced a total of 66 huffaz since its inauguration in 2011. Many of them lead travih prayers in various namaz centers in every Ramadhan. 4 of them are now studying in Jamia, Alhumdulillah.

• The school has shifted to the beautiful new building of Jamia Ahmadiyya in innisfil, and the children have ample space to facilitate their studies, a fully functional gym, and an outdoor play area as well.

• Along with memorization, students also learn the word-by-word translation of surah Al-Baqarah.

• The school also excels in educating children regarding Jamat traditions, Friday sermons of Huzoor-e-Anwar (aa), and providing general knowledge of Islam and Ahmadiyyat.

• Along with the Hifz, once in a week, qualified teachers teach children basic Ontario Curriculum (such as Math, English, Science, & Social studies) as well.

• This is a great opportunity to enable our children to become attached with Jamat, as well as enhancing both their educational and memorization skills.

• School is taking admission for the next academic year.

• The admission forms can be downloaded from the website *www.jamiaahmadiyya.ca*

محض خدا تعالیٰ کے فضل و احسان سے حفظ القرآن سکول کینیڈا سے اب تک فارغ التحصیل حفاظ کی تعداد 66 ہو گئی ہے۔ان میں سے بیشتر رمضان المبارک میں ہر سال تراویح بھی پڑھاتے ہیں۔ اس کے علاوہ حفظ سکول سے فارغ التحصیل طلباء میں سے 4 اس وقت جامعہ احمدیہ میں تعلیم پا رہے ہیں۔

حفظ القرآن سکول انسفل میں جامعہ احمدیہ کی نئی بلڈنگ میں منتقل ہو چکا ہے۔ جہاں طلبا کے لئے تعلیمی لحاظ سے ہر قسم کی سہولیات میسر ہیں۔

قرآن کریم حفظ کے ساتھ ساتھ بچوں کو جزوی طور پر قرآن کریم کا لفظی ترجمہ بھی سکھایا جاتا ہے۔

اس کے علاوہ ہفتہ میں ایک روز ریگولر سکول کی پڑھائی بھی کروائی جاتی ہے تا کہ طلباء کی دنیاوی تعلیم کا حرج نہ ہو۔

سکول میں نئے تعلیمی سال کے لئے داخلہ جاری ہے۔

داخلہ فارم جامعہ احمدیہ کی ویب سائٹ *jamiaahmadiyya.ca* سے حاصل کیا جاسکتا ہے۔